

The Art of Teaching Dance Course Guide

Ausdance VIC's The Art of Teaching Dance is a detailed training program for experienced dance practitioners wanting to develop their teaching skills, delivered through 3 modules; Designing a Dance Program, Effective Teaching Methods and Safe Dance Practices.

- CUADTM401 Plan and organise dance classes;
- CUADTM403 Apply safe dance teaching methods

NEW CUA Units are expected to be available in early to mid April 2021. The CUA Training Package version 5.0 release will occur within this timeframe upon Ministerial approval.

CUADTM413 Apply safe dance teaching methods NEW code
CUADTM421 Teach basic dance technique NEW unit
CUADTM431 Design and conduct dance learning program NEW unit

Learning Aims: Designing a Dance Program

- Plan for inclusive practices
- Develop strategies for different learning styles
- Create structured progression for the development of skills
- Develop lesson plans and organise dance classes
- Develop assessment and monitoring processes

Learning Aims- Effective Teaching Methods

- Discover the qualities of an effective teacher or facilitator
- Explore inclusive practices
- Develop strategies for different learning styles
- Discover effective and healthy teaching approaches and methods
- Learn to support your students wellbeing and artistic journey
- Create structured progression for the development of skills
- Choreograph and teach short dance pieces
- Develop lesson plans and organise dance classes
- Develop assessment and monitoring processes

Learning Aims: Safe Dance Practices

- Explore the anatomy and physiology of the dancing body
- Identify different stages of growth and development
- Apply safe dance principles
- Learn about safe stretching, loading and repetition
- Identify safe spaces for dance
- Understand injury prevention approaches
- Discover strategies that lead to good mental health and thriving dance students

Learning Outcomes

By the end of The Art of Teaching Dance learners will be able to:

- Demonstrate skilled approaches to teaching dance and expressive movement
- Design and deliver engaging and relevant dance classes or sessions
- Show consistent inclusive practises
- Teach original choreographic material
- Articulate and consistently demonstrate safe dance practice that is informed by knowledge of anatomy, physiology and stages of growth and development
- Present high quality, safe dance programs and session plans for a range of participants

Course Benefits

- Train with some of Australia's leading experts
- Build your knowledge through experiential learning and engagement practices, work collaboratively to develop programs, and discuss and problem solve with other industry professionals
- Professional Networking
- Build exclusive professional networks
- Receive Printed and Online Resources
- A nationally recognised Statement of Attainment from Ausdance VIC, listing the units achieved and the nominal number of continuing professional development hours undertaken (CPD)
- Registration with Ausdance VIC as a trained teacher of dance.