

COVID-19 Studio Disinfectant Procedure

Cleaning and disinfection

Cleaning and disinfecting are two different processes:

Cleaning means physically removing germs, dirt and organic matter from surfaces.

Disinfecting means using chemicals to kill germs on surfaces. It's important to clean before disinfecting because organic matter and dirt can reduce the ability of disinfectants to kill germs.

A combination of cleaning and disinfection will be most effective in removing the COVID-19 virus. Cleaning reduces the soil load on the surface, allowing the disinfectant to work and kill the COVID-19 virus. Disinfectant may not kill the virus if the surface has not been cleaned with a detergent first.

Routine cleaning

Studios should clean surfaces at least daily. Special attention should be given to frequently touched surfaces such as **barres**, **resistance straps** and **floors** where a high level of floor work features in the classes choreography. Ideally, once clean, surfaces should also be disinfected regularly

Surfaces and fittings should be cleaned more frequently when:

- visibly soiled
- used repeatedly by a number of people (e.g. dance classes), and
- after any spillage.

The recommendation is for the studio to be fully cleaned before classes commence. Once cleaned the most important thing is to continue to disinfect all touched surfaces after each class.

How do I clean?

Use the following steps to clean an environment:

1. Wear gloves when cleaning. Gloves should be discarded after each clean. If it is necessary to use reusable gloves, gloves should only be used for COVID-19 related cleaning and should not be used for other purposes or shared between workers. Wash reusable gloves with detergent and water after use and leave to dry. Clean hands immediately after removing gloves using soap and water or hand sanitiser.
2. Thoroughly clean surfaces using detergent and water. Always clean from the cleanest surfaces to the dirtiest surfaces. This stops the transfer of germs to cleaner surfaces and allows you to physically remove and dispose of the largest possible amounts of germs. Use the detergent solution sparingly; avoid flooding the surface.

3. With continued cleaning your ballet barres may start to look dry; to help maintain their factory coating, Show Works recommends giving all wooden barre surfaces a wipe with a rag dipped in Danish Oil once a week. Show Works is happy to advise on this process in more detail if necessary.
4. You will need to judge how often your studio needs cleaning. It is important to keep it clean to ensure the ongoing disinfecting process is effective

What should I use to disinfect?

Timber Sprung flooring and Tarkett Dansfloor and Granit Acoustic surfaces

Show Works recommends using an **alcohol-based disinfectant of at least 70% concentration** on Tarkett vinyls and Sprung Floor by Show Works. These chemicals will be labelled as 'disinfectant' on the packaging and must be diluted or used following the instructions on the packaging to be effective. **DO NOT USE bleach-based products as this will damage the finish and colour of your floor.**

When using disinfectant, clean the surface first using detergent then apply a disinfectant. A disinfectant will not kill germs if the surface has not been cleaned first. **Apply disinfectant to surfaces using disposable paper towel or a disposable cloth.** If non-disposable cloths are used, ensure they are laundered and dried before reusing.

Allow the disinfectant to remain on the surface for the period of time required to kill the virus (contact time) as specified by the manufacturer. If no time is specified, leave for 10 minutes.

Using disinfectants safely

Follow all manufacturer's instructions and read the label and the Safety Data Sheet ([SDS](#)). For information on how to read labels and [SDS](#), see the [Safe Work Australia SDS](#) page.

Do not use different types of disinfectants together.

Store your disinfectants safely and securely, out of direct sunlight and away from heat sources.

Mix your disinfectants in a well-ventilated area. Some concentrated products recommend the use of a local exhaust ventilation system.

For spraying or misting products, spray directly into the cleaning cloth to dampen the cloth for use. Take care not to generate a mist.

[PPE](#) to use when diluting and using disinfectants includes:

- gloves, elbow-length if available, and
- eye protection (safety glasses, not prescription glasses).

Disposal or cleaning of materials and PPE

Reusable, washable cloths, *PPE* and covers should be washed in a regular cycle wash using the warmest possible setting with normal washing detergent. Avoid shaking out the items before placing in the washing machine.

Wear disposable gloves to handle used cloths, *PPE* and covers. Wash your hands thoroughly with soap and water for at least 20 seconds after removing the gloves.

Regularly wash the hamper in which used *PPE* is stored while it is waiting to be laundered. If the hamper is not washable, use a disposable lining, and replace regularly.

Reusable, non-washable *PPE* such as eye protection, should be wiped clean with a detergent solution first, then wiped over with a disinfectant, and left to air dry. Smearing or residues might result, and this can be cleaned off by using more detergent solution and rinsing clean only after the disinfectant has dried.

Should you have any questions regarding these notes please don't hesitate to contact

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