

DANCE TEACHING RESOURCES

ONLINE AND HARD COPY

AUSDANCE VIC
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Disclaimer: While entries in this resource have been reviewed by Ausdance Victoria staff, teachers must determine the suitability of all resources for their own student cohorts. Before you implement any changes to your curriculum, you should seek appropriate school and DEET and VCAA advice.

ausdancevic.org.au

Introduction

COVID 19 Online teaching statement

Dance is a live art form that examines and explores elements of time, space, energy and relationships between people. It is an embodied, collaborative, creative and highly nuanced way of knowing and being in knowing the world. Dance requires people to come together to create, develop, rework, rehearse and perform. Moving together in unison, dancing with a partner, and teaching dance through demonstration and physical touch are all fundamental aspects of dance practice and pedagogy.

Dance should be taught and performed in designated spaces which provide optimal flooring, air quality and temperature, and sufficient room for a wide range of movements to be executed safely.

Unfortunately, the current physical distancing rules mean it is not possible to work in groups, nor is it possible to access our regular dance classrooms and performance spaces.

Dancers, teachers and students will not be served well by avoiding dance or movement during these difficult times. Teachers and dancers will need to find ways to creatively and safely keep themselves and their students moving and dancing in the limited spaces available to them at home.

To support our members and the dance sector, Ausdance Victoria has compiled links to videos, lessons, tools and reliable information which, together, may support the teaching of dance online. In providing this resource, Ausdance stresses that online teaching is a temporary measure. We look forward to returning as soon as is possible, to best practise teaching and learning. That is, face to face dance training by qualified and experienced dance teachers, instructing and supporting developing dancers, in a well-equipped dance space, in the company of other dancers. Nothing replaces the power and effectiveness of teaching and learning dance in live contexts.

Katrina Rank
Director of Education and Lifelong Learning
Ausdance Victoria

Free Primary Resources

Name	Description/Author	Link
Foundation		
The hungry caterpillar	Dance practices/explore and express ideas/respond and interpret	https://fuse.education.vic.gov.au/resource/landingpage?objectid=bb9368a3-2227-4c7c-9602-8b49031850e8&searchscope=all
Level 1-2		
A Day at the Beach	Dance Practices/Explore and Express Ideas/Respond and Interpret	https://fuse.education.vic.gov.au/Resource/landingpage?Objectid=75be3b63-65e0-4092-ab41-10b8b4c8243f&searchscope=All
The Song Room	Primary Education dance lessons and videos. Free registration	https://www.artslive.com/
Level 3-4		
Crazy boot scootin'	Dance practices/explore and express ideas/respond and interpret	https://fuse.education.vic.gov.au/resource/landingpage?objectid=c9ce8a39-420d-4fbf-969b-3f8ad7c32ae7&searchscope=all
Teaching Dad to Dance	Ausdance Victoria: Program for upper primary students to teach fathers, or significant others, 1-4 short dances. Includes safe warm up and cool down and Teacher instructions.	victoria@ausdance.org.au
The Song Room	Primary Education dance lessons and videos. Free registration	https://www.artslive.com/
Level 5-6		
Sport Mob	Dance Practices/Explore and Express Ideas/Respond and Interpret	https://fuse.education.vic.gov.au/Resource/LandingPage?ObjectId=bf52c218-ca33-490b-9971-907763cc845c&SearchScope=All
At home dance activities	Candice Egan	https://candicejegan.wordpress.com/dance-resources/
Teaching Dad to Dance	Ausdance Victoria: Program for upper primary students to teach fathers, or significant others, 1-4 short dances. Includes safe warm up and cool down and Teacher instructions.	victoria@ausdance.org.au
The Song Room	Ausdance Victoria and Katrina Rank - lessons and videos. Free registration	https://www.artslive.com/
ABC Splash	ABC Splash – Dance Like a Lion!	https://education.abc.net.au/home#!/media/2153812/dance-like-a-lion-
ABC Splash	Sydney Dance Company – a dancer's day	https://education.abc.net.au/home#!/media/1648031/a-dancer-s-dancing-day
ABC Splash	Bangarra - Dancing the Torres Strait winds to life: Kuki	https://education.abc.net.au/home#!/media/1795051/dancing-the-torres-strait-winds-to-life-kuki

Name	Description/Author	Link
Guide to teaching dance classes online	Ausdance Victoria/National	https://ausdance.org.au/articles/details/online-delivery-of-dance-classes-and-tutorials
Resources – Performances & Workshops	Arts Centre Melbourne	https://www.artscentremelbourne.com.au/learn/resources
Risk assessment for online classes	People Dancing UK	https://www.communitydance.org.uk/DB/membership-news-and-views-2/news_and_views/risk-assessment-and-useful-resources-list
Teaching online	Royal Academy of Dance – platforms, equipment, strategies	https://au.royalacademyofdance.org/membership/covid-19-member-support/
Virtual Dance Studio	Dance National Arts Centre Online Teachers kit	http://www.artsalive.ca/en/dan/yourturn/virtualdance/default.asp
ArtsAlive	Dance National Arts Centre	http://www.artsalive.ca/en/resources/teachers.asp
Teacher Dance Magazine	What we learned in the first week of teaching online	https://www.dance-teacher.com/what-we-learned-in-the-first-week-of-teaching-online-university-dance-professors-respond-2645576709.html
Australia's Bible of Dance and Musical Theatre	Dance Life	https://www.dancelife.com.au/category/dance-articles/
The Five Elements of Dance	KQED Art School	https://www.kqed.org/artschool/571/the-five-elements-of-dance
Learning Resources	Melbourne Recital Centre	https://www.melbournerecital.com.au/learn/learning-resources/
The Song Room	Ausdance Victoria and Katrina Rank - lessons and videos. Free registration	https://www.artslive.com/
Nutcracker - The Story of Clara	Australian Ballet	https://australianballet.com.au/education-resources/nutcracker-the-story-of-clara-the-story
Cinderella	Australian Ballet	https://australianballet.com.au/education-resources/category/primary/cinderella-education
Coppelia	Australian Ballet	https://australianballet.com.au/education-resources/category/primary/coppelia-education
Swan Lake	Australian Ballet	https://australianballet.com.au/education-resources/category/primary/swan-lake-education

Free Secondary Resources

Name	Description/Author	Link
Guide to teaching dance classes online	Ausdance Victoria/National	https://ausdance.org.au/articles/details/online-delivery-of-dance-classes-and-tutorials
Resources – Performances & Workshops	Arts Centre Melbourne	https://www.artscentremelbourne.com.au/learn/resources
Risk assessment for online classes	People Dancing UK	https://www.communitydance.org.uk/DB/membership-news-and-views-2/news_and_views/risk-assessment-and-useful-resources-list
Teaching online	Royal Academy of Dance – platforms, equipment, strategies	https://au.royalacademyofdance.org/membership/covid-19-member-support/
Virtual Dance Studio	Dance National Arts Centre Online Teachers kit	http://www.artsalive.ca/en/dan/yourturn/virtualdance/default.asp
ArtsAlive	Dance National Arts Centre	http://www.artsalive.ca/en/resources/teachers.asp
Teacher Dance Magazine	What we learned in the first week of teaching online	https://www.dance-teacher.com/what-we-learned-in-the-first-week-of-teaching-online-university-dance-professors-respond-2645576709.html
Australia's Bible of Dance and Musical Theatre	Dance Life	https://www.dancelife.com.au/category/dance-articles/
The Five Elements of Dance	KQED Art School – shows many different styles of dance	https://www.kqed.org/artschool/571/the-five-elements-of-dance
Learning Resources	Melbourne Recital Centre	https://www.melbournerecital.com.au/learn/learning-resources/
The Song Room	Ausdance Victoria and Katrina Rank - lessons and videos. Free registration	https://www.artslive.com/
Nutcracker - The Story of Clara	Australian Ballet	https://australianballet.com.au/education-resources/category/secondary/nutcracker-the-story-of-clara-education
Cinderella	Australian Ballet	https://australianballet.com.au/education-resources/category/secondary/cinderella-education
Coppelia	Australian Ballet	https://australianballet.com.au/education-resources/category/secondary/coppelia-education
Swan Lake	Australian Ballet	https://australianballet.com.au/education-resources/category/secondary/swan-lake-education
Sleeping Beauty	Australian Ballet	https://australianballet.com.au/education-resources/category/secondary/the-sleeping-beauty-education

Kindred Spirits	Bangarra Dance Theatre - Respond and Interpret	https://education.abc.net.au/home#!/media/1607427/
Body & Earth: seven web based somatic excursions	Northern School of Contemporary Dance	http://www.body-earth.org/
Moovbank	Powered by BalletBoyz, MoovBank is the home of a range of free digital teaching materials for PE, dance and drama teachers	https://www.moovbank.com/
BalletBoyz	Home of groundbreaking stage, film and outreach projects	https://www.balletboyz.com/
Digital Stage	Royal Ballet - classes, videos,	https://www.sadlerswells.com/whats-on/2020/digital-stage/
Australian works and cultural dances	National Film and Sound Archive of Australia	https://www.nfsa.gov.au/
Classes, conditioning, viewing	English National Ballet	https://www.ballet.org.uk/whats-on/filter-type/on-screen/?utm_source=wordfly&utm_medium=email&utm_campaign=MARENBAHomeGP03.20&utm_content=version_A
Resource list	One Dance UK	https://www.onedanceuk.org/resource/resource-lists-for-teachers-of-dance-compiled-by-fiona-smith/
ABC Splash	Sydney Dance Company – a dancer’s day	https://education.abc.net.au/home#!/media/1648031/a-dancer-s-dancing-day
ABC Splash	Bangarra - Dancing the Torres Strait winds to life: Kuki	https://education.abc.net.au/home#!/media/1795051/dancing-the-torres-strait-winds-to-life-kuki
ABC Splash	Sydney Dance Company Emergence of a dance	https://education.abc.net.au/home#!/media/1648053/emergence-of-a-dance
Learn a dance with me!	20-Minute Hip-Hop Dance Class	https://www.youtube.com/watch?v=Kd-Va1m4s1E&t=85s
Move Your Body Full Choreography	Beyoncé Move Your Body Full Choreography	https://youtu.be/Q65yeSbZG-k

One-off fee or subscription resources

Name	Description/Author	Link
Big Dance Heart - Choreographed by Frances Rings and Craig Bary.	Ausdance Victoria: Primary resources for F-2, 3-4, 5-6, 7-8, 9-10 based on a new contemporary indigenous work. Online videos and Lesson Plans	victoria@ausdance.org.au
Teaching Primary Dance, a primer	Katrina Rank - E-book for F-6. Resources can be adapted to online teaching.	victoria@ausdance.org.au
Fundamental Motor Skills and Literacy	F-2 Teaching of critical formative skills in the areas of literacy and motor skill development. It uses entertaining rhymes and chants to create an integrated approach to learning.	https://ecpublishing.com.au/fundamental-motor-skills-and-literacy-prof-titles.html
The Dancers Series	Twelve beautiful Feldenkrais Awareness	